

Improving the quality of sexual and reproductive health and rights (SRHR)
through pre-service training, research, and evidence-based clinical care
delivery in Sub-Saharan Africa



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Enhancing Sexual and Reproductive Health Rights in Sub-Saharan Africa: A Case Study of Gulu University's Evidence-Based Clinical Care and Training

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Abstract:

Background:

Sub-Saharan Africa faces significant challenges in providing quality sexual and reproductive health (SRH) services, exacerbating poor health outcomes and human rights violations. In Uganda, Ministry of Health has put in place policies and guidelines to support Reproductive Health Services.

Objective: This study aimed to evaluate the effectiveness of Gulu University's pre-service training, research, and evidence-based clinical care delivery in improving SRH rights in sub-Saharan Africa with reference to Uganda.

Methods: A mixed-methods approach was employed, combining quantitative and qualitative data collection and analysis. A survey of 300 healthcare providers and 500 clients was conducted, supplemented by in-depth interviews with 20 key informants.

Results: The study revealed significant improvements in healthcare providers' knowledge, attitudes, and practices regarding SRH rights ($p < 0.001$). Clients reported increased satisfaction with SRH services, citing improved confidentiality, dignity, and informed consent ($p < 0.01$). Key informants highlighted that 85% of healthcare providers demonstrated improved knowledge of SRH rights, 90% of clients reported increased satisfaction with SRH services and 95% of key informants highlighted the critical role of Gulu University's training programs in enhancing SRH service delivery.

Conclusion: This study demonstrates the effectiveness of Gulu University's comprehensive approach to improving SRH rights in sub-Saharan Africa with emphasis on Uganda Health Care Systems. The findings underscore the importance of pre-service training, research, and evidence-based clinical care delivery in enhancing SRH service quality and promoting human rights.

Keywords: sexual and reproductive health rights, sub-Saharan Africa, pre-service training, evidence-based clinical care, Gulu University.

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